



KAPTIVA SPORTS ACADEMY

SEASON 2024 - 2025

    SANT CUGAT

KAPTIVASPORTSACADEMY.COM



TABLE OF CONTENTS

ABOUT THE
ACADEMY **02.**

ABOUT THE
ACCOMODATION **14.**

ABOUT THE
METHODOLOGY **04.**

TENTATIVE
SCHEDULES **15.**

ABOUT THE
STAFF **06.**

THE SPANISH
EXPERIENCE **18.**

FOOTBALL
PROGRAM **07.**

ADMISSION
PROCESS **20.**

STUDENT
LIFE **12.**

PROGRAM
FEES **22.**

WHAT'S (NOT)
INCLUDED **24.**



WHAT IS **KS ACADEMY?**

Kaptiva Sports Academy is a high-performance residential football academy located in Barcelona, Spain, that has been developing players since 2012.

We believe that training, studying and living in a foreign country is an invaluable experience that helps shape young men into not only better players, but also better people. The benefits of such an experience will be embedded positively into that individual.

The academy's main goal is to offer a top inclusive program to talented players from all over the world, helping them reach their full potential through a fully integrated football program.

AGES: 12 – 17 YEARS OLD



Winners don't wait for chances,
they take them.



FAST

METHODOLOGY

FOOTBALL ACADEMY SYSTEM TRAINING

The F.A.S.T methodology has been developed over the years through Kaptiva Sports' successful industry experience within international youth football. It provides a 360° full immersion that creates accelerated thriving results.

The team oversees the technical planning of every drill implemented on the field. Throughout the season, the methodology is divided into various customized long-term plans composed of specific practices to reach certain objectives within the chosen game model.





THE ACADEMY
STAFF & COACHES

PERSONAL
DEVELOPMENT

P.D. Director
Residence Coordinator
Day, Night, and
Weekend Monitors

FOOTBALL
PROGRAM

Head Coach
U18, U16 & U14
Coaches
Goalkeeper Coach
S&C Coach
Medical Trainer

INVISIBLE
TRAINING

Video-Analyst
Mental Coaches
Nutritionist



OUR FOOTBALL
PROGRAM

HIGH-PERFORMANCE TRAINING



TECHNIQUE



POSITION



PHYSIQUE

TACTICS



VIDEO ANALYSIS



TEAM WORK



VIDEO ANALYSIS WITH *veo*

Using innovative technology, this tool allows players to visually understand their weaknesses and strengths. Giving a base to work on and improve on a daily basis, the videos are also used as a method to compare and demonstrate real level improvement.

MASTERCLASSES

Former players, coaches, and sport professionals will offer our players an insight into the elite and high competitive sporting world.

FOOTBALL REPORTS

The purpose of our reports is to evaluate all players' most relevant aspects such as; technical ability and skills, tactical awareness, physical aspects, and character traits.

INVISIBLE TRAINING

SPORT NUTRITIONIST:

Guidance through which our athletes will receive nutritional counseling and education on the importance on how food and nutrition impacts health, and performance.

MENTAL COACH:

Regular monitoring, instruction, and training of psychological skills for performance improvement.



INVOLVING THE COMPETITION



30
GAMES



2
GAMES



2
TOURNAMENTS



2
FOOTBALL
TOURS



PRO

GAMES PLAYED





LIFE AS A **STUDENT**



European
International
School
of Barcelona



EIS Barcelona and AESA Prep International offer a blended learning approach to education that combines online educational materials and opportunities for interaction online with traditional place-based classroom methods. In the E-Blended learning program, students will use the AESA PREP online course and attend classes in EISBarcelona facilities.

Blended learning program, students will attend class in EIS Barcelona facilities for 6 hours per day, Monday through Friday.

This compacted schedule gives student athletes the time they need for daily training. We also understand that students will need to miss class for tournaments and competitions, and this program adapts to these needs.

AESA Prep International is a SACS/AdvancedEd accredited and NCAA approved private college preparatory school offering online and blended learning programs for 8th through 12th grade.

AESA provides elite scholars, athletes and artists a world-class academic education with the flexibility required to pursue their passion.

AMERICAN
CURRICULUM

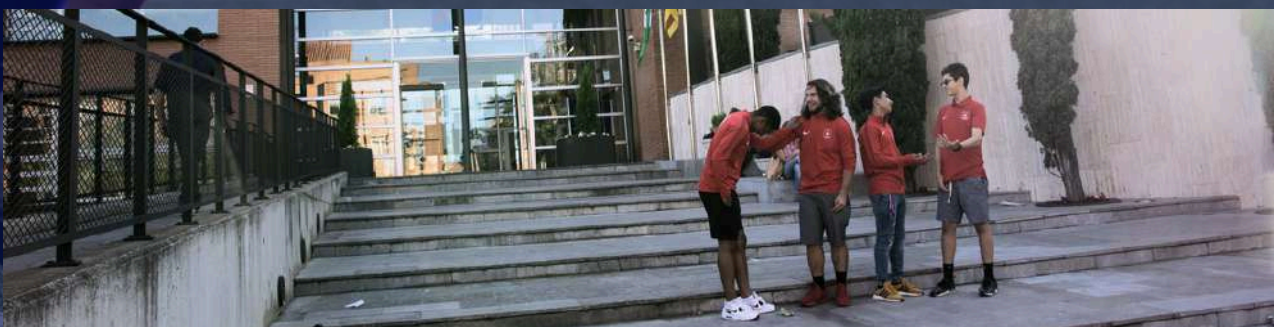
YEAR 12 > High School

YEAR 11 > High School

YEAR 10 > High School

YEAR 9 > High School

YEAR 8 > Mid. School



KSA RESIDENCE
ACCOMMODATION

Built exclusively for our academy, the student residence is the coexisting home of all our KSA Players. The residence will also be home for all KS Camp players during these 2-week experience. The residence is located in a safe environment to further develop players' journeys.

WHAT'S INCLUDED



Double room



Towels and sheets



Wifi



In suite bathrooms



Laundry services



Chill out areas



24/7 security staff



All Meals



WEEKLY SCHEDULE

EXAMPLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
MORNING	KSA Training 7:45H	KSA Training 7:45H	KSA Training 7:45H	MORNING REST	Video Analysis 8H - 9:30H	KSA Training 7:45H	BREAKFAST 10 H		
	BREAKFAST 9:30 H								
	School 9:45H - 14H						Games & Competition	Games & Competition	
AFTERNOON	LUNCH 14 H								
	School 14:50H - 16H						Games & Competition	WEEKEND ACTIVITY	
	Physio 16H - 18H	SAT 16H	Video Analysis 16H - 17:30H	Physio 16H - 18H	Invisible Training 16H - 18H	Activitie s			Activities
	Club Training 18:15H - 20:00H	FREE TIME	Club Training 18:15H - 20:00H	FREE TIME	Club Training 18:15H - 20:00H				
DINNER 20 H									
NIGHT	GOOD NIGHT 22 H								

*Schedule for guidance only.
Subjected to changes that would be notified.

FOOTBALL SCHEDULE

	MORNING	AFTERNOON
MONDAY	 KSA TRAINING SESSIONS	REST
TUESDAY	 KSA TRAINING SESSIONS	 CLUB TRAINING SESSIONS
WEDNESDAY	 KSA TRAINING SESSIONS	REST
THURSDAY	REST	 CLUB TRAINING SESSIONS
FRIDAY	 KSA TRAINING SESSIONS	 CLUB TRAINING SESSIONS
WEEKEND	 GAMES & COMPETITION	
EXTRA SOCCER ACTIVITIES	 NATIONAL CLINIC, INTERNATIONAL CLINIC, TOURNAMENTS...	



SPAIN EXPERIENCE

Some players dream about playing in the perfect place, and some live it. Barcelona has for years used their perfect locations and weather to not only allow players to train yearlong but be part of the center of the football world within Europe.

A football environment without limits leads to uniting players from all different nationalities with their common passion to live and breathe football. With players from all over the world and its own rich football history, the Spanish places have become some of the world's major football hub cities.

Teams, brands, and organizations have used these cities as their backdrop, giving local players a wide range of opportunities not found in many other places in the world.

With exclusive events, the world's top youth tournaments and its prestigious high-level competitions, Spain has proven time after time to produce top world class footballers competing in the renowned La Liga and UEFA Champions League. Barcelona has and will remain the places to be for aspiring footballers.





**BARCELONA
FOOTBALL
HUB CITY.**

ADMISSION PROCESS

STEP ONE

1. Contact

We enroll a limited number of athletes every season, so we encourage interested student-athletes to submit an application as early as possible. Please, set a callback request and we will contact you as soon as possible to start the process.

2. Trial

All candidates must participate in a trial or one-week program by Kaptiva Sports Academy. During this time, the technical staff will be analysing the player's technical level during the organised training sessions and matches. Attitude, commitment, and passion for the game are also considered important components of prospective Kaptiva Sports Academy players.

STEP TWO

STEP THREE

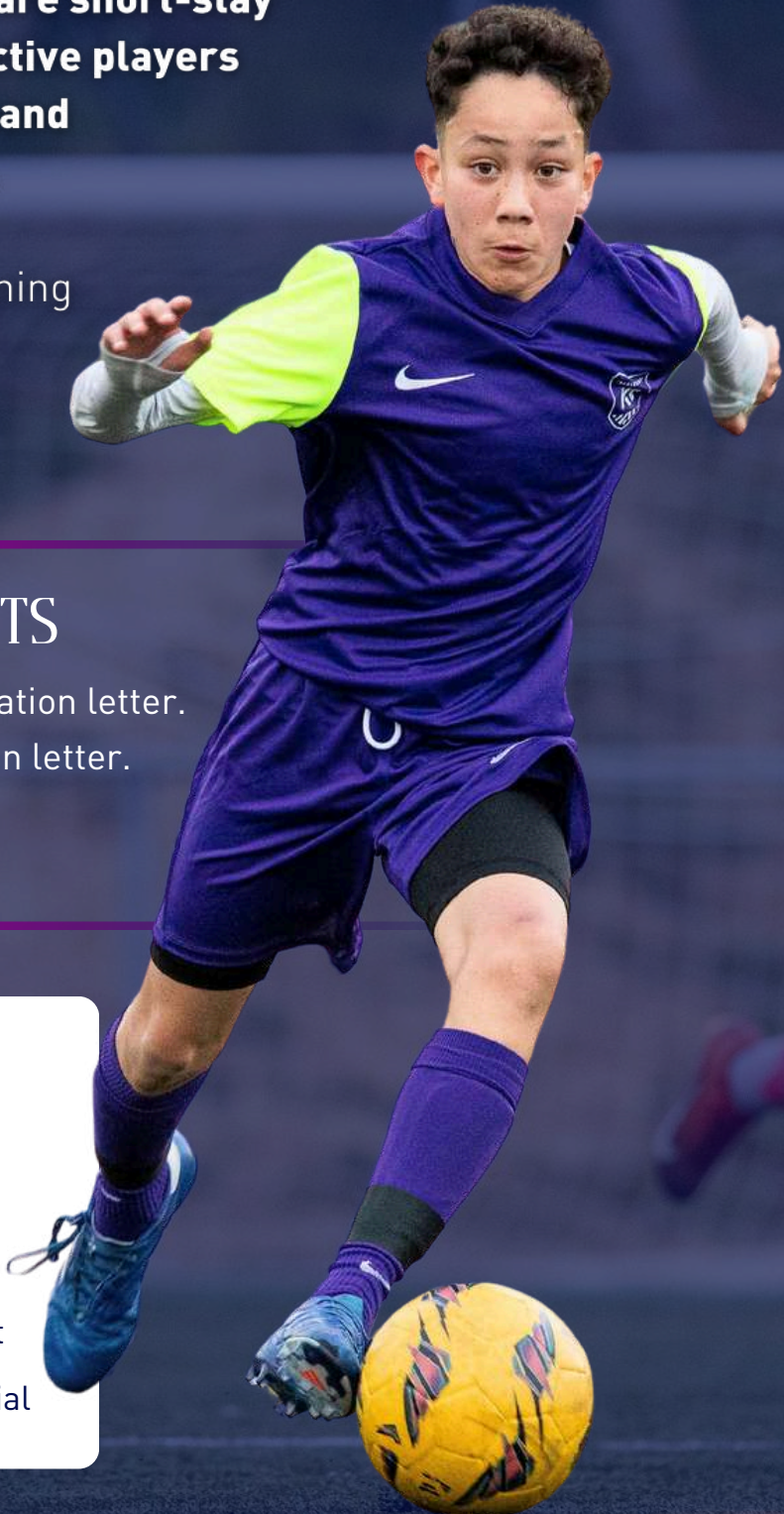
3. Enrollment

Notification of admission decision will be communicated with the candidate within the next 48 hours after the trial is completed. If offered admission to Kaptiva Sports Academy, a Services Agreement (SA) will be sent and must be filled out by the date indicated, together with the required financial deposit.

KSA TRIALS

Kaptiva Sports Academy trials are short-stay programs designed for prospective players and their families to gain firsthand experience of what KSA offers.

During these multi-day trial training sessions and a friendly match, players will be evaluated by the KSA football coaches.



APPLICATION DOCUMENTS

1. Academic teacher recommendation letter.
2. Football coach recommendation letter.
3. Last school grades.
4. Football CV

KSA
TRIAL

495€

SELECTED
DATES

12-17 Y/O

- School test
- Football trial

FULL PROGRAM

NEW PLAYER

49.995€

SEPTEMBER – JUNE

12-17 YEARS OLD

- ✔ Football Program
- ✔ Personal Development
- ✔ Education
- ✔ Accommodation

RETURNING PLAYER

46.995€

SEPTEMBER – JUNE

12-17 YEARS OLD

- ✔ Football Program
- ✔ Personal Development
- ✔ Education
- ✔ Accommodation



WHAT'S INCLUDED

FOOTBALL PROGRAM

Three to four club training days per week

National Training Clinic w/ Spanish pro team

International Training Clinic w/ European pro team

One on one follow up sessions

Player progress reports

Weekly video analysis sessions

Stress and medical test upon arrival

Pre-season training program

Physiotherapist sessions

Weekly sports psychologist sessions

Sport nutrition guidance

Masterclasses

Participation in reputed tournaments

Position focused training sessions

Full season competition games

Full clothing equipment & training kit

WHAT'S INCLUDED

RESIDENCE (only residential program)

- Accommodation in ensuite double room in our residence
- All meals and snacks
- Room cleaning service
- Laundry Services
- Airport transfers on program specified dates
- Welcome Pack
- All transfers to KSA games, tournaments, and activities
- 24/7 supervision
- Supporting documents required for Student Visa Process
- Full medical insurance
- Cultural Activities


ACADEMICS

- Tuition to AESA Prep International





WHAT'S NOT INCLUDED

Airfare tickets to/from the origin country 

Visa fee and taxes (if necessary) 

Any legal service fees once arrived in Spain 

Transfers to/from non KSA organized activities 

Meals outside the KSA residence dining hall 

School extra activities or excursions 

Dorm room security deposit 

STUDENT VISA

If you arrive at the start of the program without having obtained a student visa, our lawyer can handle this process in Barcelona.

This service incurs an additional cost.



CONTACT

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OFFICES

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