



Kaptiva Sports

ACADEMY

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Ages: 12 – 17 years old

WHAT IS KS ACADEMY

Kaptiva Sports Academy is an **elite residential football academy** located in Barcelona, in Spain, that has been developing players since 2012.

The academy's main goal is to offer a top inclusive annual program to talented players from all over the world, helping them reach their full potential **through a fully integrated football program.**

We believe that training, studying and living in a foreign country is an invaluable experience that helps shape young men into not only better players, but also better people. **The benefits of such an experience will be embedded positively into that individual.**

**“WINNERS DON'T WAIT FOR CHANCES,
THEY TAKE THEM”**





METHODOLOGY



The F.A.S.T. methodology, which stands for **Football Academy System Training**, has been developed over the years through Kaptiva Sports' successful industry experience within international youth football.

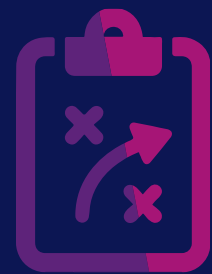
FOOTBALL ACADEMY SYSTEM TRAINING

It provides a 360° full immersion in the methodology that creates accelerated thriving results. The team oversees the technical planning of every single drill implemented on the field. **Throughout the season, methodology is divided into various customized long-term plans composed of specific drills to reach determined objectives within the game model chosen.** The program also places importance in educating the local coaches in game analyzing software allowing them to create and digitalizes their own drills.

Our Pro Training is conducted by our UEFA Pro Coaches who provides the unique and successful football methodology F.A.S.T. allowing players to reach their full potential and their goals. KSA coaches will work on those aspects that you need to improve; individually, technically and tactically. The football training methodology implemented by our Technical Staff is based on the principles of the Spanish football methodology.

KAPTIVA SPORTS ACADEMY STAFF

FOOTBALL PROGRAM



- ✓ Head Coach
- ✓ U18 Coach
- ✓ U15 Coach
- ✓ GK Coach
- ✓ S&C Coach
- ✓ Medical Trainer

PERSONAL DEVELOPMENT



- ✓ P.D. Director
- ✓ Residence Coordinator
- ✓ Tutors
- ✓ Night Tutor
- ✓ Weekend Tutor

INVISIBLE TRAINING



- ✓ Video-Analyst
- ✓ Mental Coaches
- ✓ Nutritionist



KAPTIVA SPORTS
ACADEMY

FOOTBALL PROGRAM

Elite Training

High Level Competition

Video Analysis

Invisible Training

Masterclasses

Football Reports





FOOTBALL PROGRAM

Video Analysis



Using innovative technology, this tool allows players to visually and understand their weaknesses and strengths. Giving a base to work on and improve on a daily basis, the videos are also used as a method to compare and demonstrate real level improvement.

Masterclasses



Former players, coaches and sport professionals will offer our players an insight into the elite and high competitive sporting world.

Sport Nutritionist



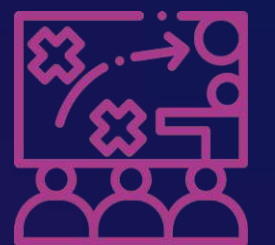
Guidance through which our athletes will receive nutritional counselling and education on the importance on how food and nutrition impacts health and performance.

Football Reports



The purpose of our reports is evaluate all players' most relevant aspects such as; technical ability and skills, tactical awareness, physical aspects and character traits.

Mental Coach



Regular monitoring, instruction and training of psychological skills for performance improvement.

FOOTBALL PROGRAM



Individualised Training

TECHNIQUE • POSITION • PHYSIQUE



Team Training

TACTICS • VIDEO ANALYSIS • TEAM WORK





LaLiga

30

GAMES

4

GAMES



3

TOURNAMENTS

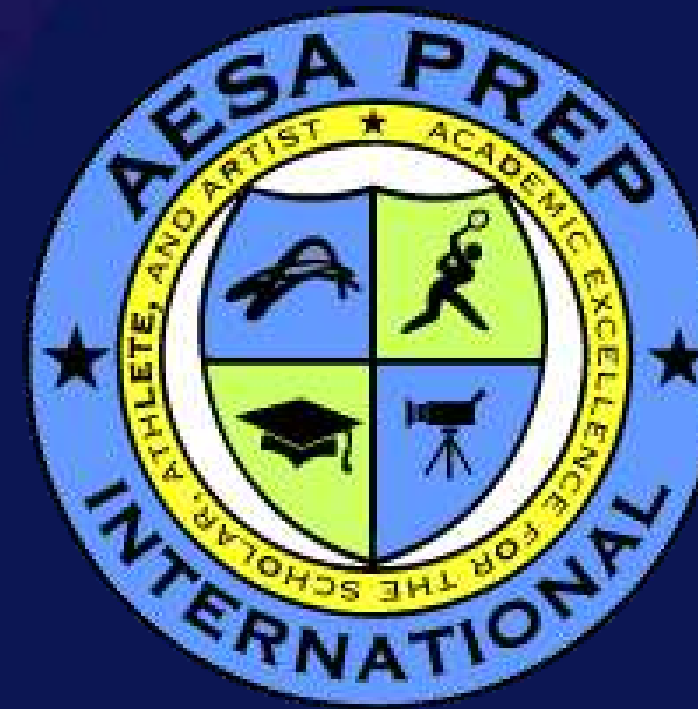
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FOOTBALL TOURS

KSA BARCELONA - STUDENT LIFE



European
International
School
of Barcelona



EIS Barcelona and AESA Prep International offer a Blended learning approach to education that combines online educational materials and opportunities for interaction online with traditional place-based classroom methods. In the E-Blended learning program, students will use the AESA PREP online course and attend class in EISBarcelona facilities.

Blended learning program, students will attend class in EIS Barcelona facilities for 6 hours per day, Monday through Friday. This compacted schedule gives student athletes the time they need for daily training. We also understand that students will need to miss class for tournaments and competitions, and this program adapts to these needs.

AESA Prep International is a SACS/AdvancedEd accredited and NCAA approved private college preparatory school offering online and blended learning programs for 9th through 12th grade. AESA provides elite scholars, athletes and artists a world-class academic education with the flexibility required to pursue their passion.

A photograph of two students in a classroom. In the foreground, a young man with short dark hair is looking down at a book, wearing a red zip-up tracksuit with a white Nike swoosh and a 'KS BARCELONA' crest. In the background, another student with glasses is sitting at a desk, also wearing a red shirt with a 'KS BARCELONA' crest, and holding a pen over a notebook. A corkboard with a 'UNIVERSITY OF NEBRASKA HIGH SCHOOL' pennant and other papers is visible behind them.

AMERICAN CURRICULUM

Year 12 – High School
Year 11 – High School
Year 10 – High School
Year 9 – Middle School
Year 8 – Middle School

BARCELONA - RESIDENTIAL ACCOMMODATION

Built exclusive for our academy, the student residence is the coexisting home of all our KSA Players. The residence is located in a safe environment to further develop players' journeys.

The resident amenities include:

- Double Room
- Towels and Sheets
- 24/7 Security Staff
- In-Suite Bathroom
- WIFI
- Laundry Services



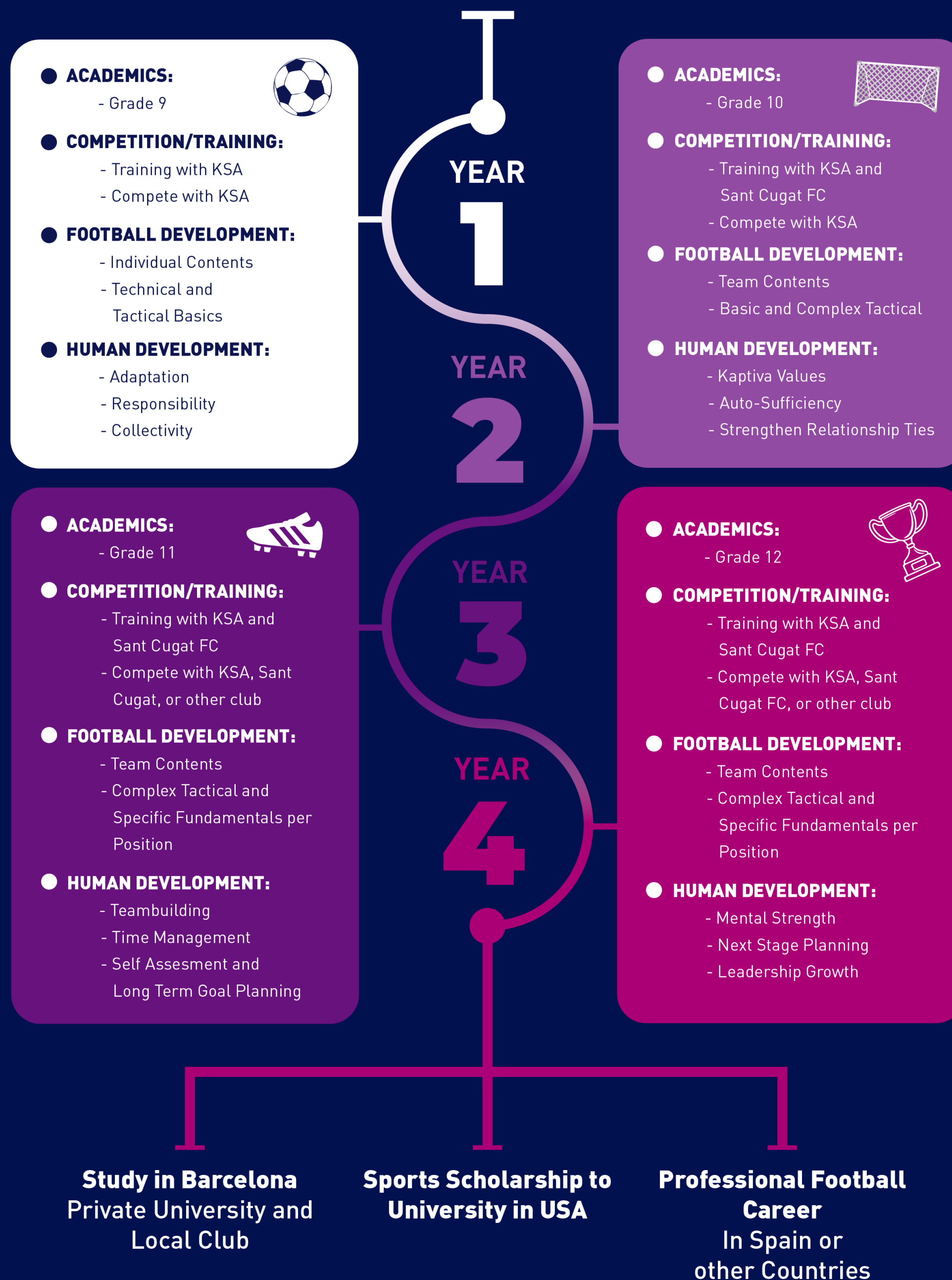
European International School of Barcelona



WEEKLY SCHEDULE EXAMPLE							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	7:45 H Training	7:45 H Training	MORNING REST	7:45 H Training	7:45 H Training	10:00 H BREAKFAST	
	9:30 H BREAKFAST						
	10:00 H - 14:00 H SCHOOL					11:00 H Games & Competition	11:00 H - 13:00 H Strenght & Conditioning (optional)
Afternoon	14:00 H LUNCH						
	15:00 H - 16:00 H SCHOOL					Activity	FREE
	16:00 H Physio	16:00 H SAT	FREE	FREE	16:00 H Physio		
	17:00 H Video Analysis			17:00 H Invisible Training (Mindfulness, nutritionist, stretching)			
	18:15 H Training	18:15 H - 20:00 H Team Building	18:15 H - 20:00 H Training	18:15 H - 20:00 H Sant Cugat FC Training			
Night	20:00 H DINNER						
	22:00 H GOOD NIGHT						

PLAYER JOURNEY

KSA PLAYER'S JOURNEY





SUCCESS STORIES



Jose Masllorens
Girona FC (U18)

PROFESSIONAL TEAMS

Santiago Fuentes
CA River Plate (U16)



NATIONAL TEAMS CALL UP

Kabir Nath (U16)
Anirudh Jain (U16)

INDIA



Tomy Tankryan (U19)
Boris Chilingaryan (U19)

ARMENIA



Matteo Vallotto
(U16)

NORWAY



Kwinda Nethsitangani (U19)

SOUTH AFRICA



SUCCESS STORIES

PLAYERS AWARDED WITH US SCHOLARSHIPS

Sebastian Stacey

University of San Francisco



**Harshdeep
Chema**

Marymount California
University



**Corey
Lundeen**

Point Saint Loma Nazarena
University



Davlet Ishenaliev

University of
Charleston



**Isaiah
Borjon**

Gardner Webb
University



CATALAN REPUTED CLUBS THAT SIGNED OUR PLAYERS:

✓ CE Sabadell

✓ Damm CF

✓ CE Europa

✓ Sant Cugat FC

✓ CE L'Hospitalet

✓ Cerdanyola CF

✓ Mollet UE CF

✓ UE Sants

SPAIN EXPERIENCE

Some players dream about playing in the perfect place, and some live it. Barcelona has for years used their perfect locations and weather to not only allow players to train yearlong but be part of the center of the football world within Europe.

A football environment without limits leads to uniting players from all different nationalities with their common passion to live and breathe football. With players from all over the world and its own rich football history, the Spanish places have become some of the world's major football hub cities.

Teams, brands, and organizations have used these cities as their backdrop, giving local players a wide range of opportunities not found in many other places in the world.

With exclusive events, the world's top youth tournaments and its prestigious high-level competitions, Spain has proven time after time to produce top world class footballers competing in the renowned La Liga and UEFA Champions League. Barcelona has and will remain the places to be for aspiring footballers.







ADMISSIONS

A) CONTACT

We enroll a limited number of athletes every season, so we encourage interested student-athletes to submit an application as early as possible. Please, set a call back request and we will contact you as soon as possible to start the process.

B) TRIAL

All candidates must participate in a trial or one-week program by Kaptiva Sports Academy. During this time, the technical staff will be analysing the player's technical level during the organised training sessions and matches. Attitude, commitment, and passion for the game are also considered important components of prospective Kaptiva Sports Academy players.

C) ENROLLMENT

Notification of admission decision will be communicated with the candidate within the next 48 hours after the trial is computed. If offered admission to Kaptiva Sports Academy, a Services Agreement (SA) will be sent and must be filled out by the date indicated, together with the required financial deposit.



FEES

10 MONTHS FOOTBALL PROGRAM

SEPTEMBER – JUNE

12-17 years old

FULL SEASON
EDUACTION
ACCOMMODATION

41.995€

6 MONTHS FOOTBALL PROGRAM

JANUARY – JUNE

12-17 years old

HALF SEASON
EDUACTION
ACCOMMODATION

29.995€

1 WEEK FOOTBALL TRIAL

SEPTEMBER – JUNE

12-17 years old

FOOTBALL TRIAL
SCHOOL TEST
ACCOMMODATION

995€

Sibling Discount:

KSA offers a 5% discount for the second sibling registered. Both siblings must be activated participants in KSA program in order to apply for the discount (application form and terms available under request).

WHAT'S INCLUDED

FOOTBALL PROGRAM

Three to four club training days per week	X	X	X
Position focused training sessions	X	X	X
Full season competition games	X	X	
One on one follow up sessions	X	X	X
Player progress reports	X	X	X
Weekly video analysis sessions	X	X	X
Stress and medical test upon arrival	X	X	
Pre-season training program	X	X	
Physiotherapist sessions	X	X	X
Weekly sports psychologist sessions	X	X	
Sport nutrition guidance	X	X	
Masterclasses	X	X	
Participation in reputed tournaments	X	X	
National Training Clinic with pro team within Spain	X	X	
International Training Clinic with a pro team within Europe	X	X	
Full training kit	X	X	
Full clothing equipment kit	X	X	

RESIDENCE

Accommodation in ensuite double room in modern living residence	X	X	X
All meals and snacks	X	X	X
Room cleaning service	X	X	X
Laundry Services	X	X	X
Cultural Activities	X	X	X
All transportation to KSA league games an tournaments or activities	X	X	X
Welcome Pack	X	X	X
24/7 supervision	X	X	X
Full medical insurance	X	X	X
Visa application assistance	X	X	X
Airport transfers on program specified dates	X	X	X

ACADEMICS

Tuition to AESA Prep International	X	X	
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