



**Kaptiva** Sports

ACADEMY

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**Kaptiva Sports**



# WHAT IS KS ACADEMY

Kaptiva Sports Academy is an **elite residential football academy** located in Barcelona, in Spain, that has been developing players since 2012.

The academy's main goal is to offer a top inclusive annual program to talented players from all over the world, helping them reach their full potential **through a fully integrated football program.**

We believe that training, studying and living in a foreign country is an invaluable experience that helps shape young men into not only better players, but also better people. **The benefits of such an experience will be embedded positively into that individual.**

**“WINNERS DON'T WAIT FOR CHANCES,  
THEY TAKE THEM”**





# METHODOLOGY



The F.A.S.T. methodology, which stands for **Football Academy System Training**, has been developed over the years through Kaptiva Sports' successful industry experience within international youth football.

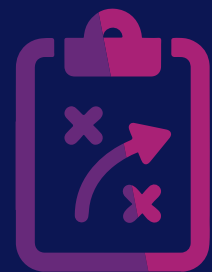
# FOOTBALL ACADEMY SYSTEM TRAINING

It provides a 360° full immersion in the methodology that creates accelerated thriving results. The team oversees the technical planning of every single drill implemented on the field. **Throughout the season, methodology is divided into various customized long-term plans composed of specific drills to reach determined objectives within the game model chosen.** The program also places importance in educating the local coaches in game analyzing software allowing them to create and digitalizes their own drills.

Our Pro Training is conducted by our UEFA Pro Coaches who provides the unique and successful football methodology F.A.S.T. allowing players to reach their full potential and their goals. KSA coaches will work on those aspects that you need to improve; individually, technically and tactically. The football training methodology implemented by our Technical Staff is based on the principles of the Spanish football methodology.

# KAPTIVA SPORTS ACADEMY STAFF

## FOOTBALL PROGRAM



- ✓ Head Coach
- ✓ U19 Coach
- ✓ U16 Coach
- ✓ GK Coach
- ✓ S&C Coach
- ✓ Medical Trainer

## HUMAN DEVELOPMENT



- ✓ H.D. Director
- ✓ Residence Coordinator
- ✓ Tutors
- ✓ Night Tutor
- ✓ Weekend Tutor

## INVISIBLE TRAINING



- ✓ Video-Analyst
- ✓ Mental Coaches
- ✓ Nutritionist



KAPTIVA SPORTS  
ACADEMY

# FOOTBALL PROGRAM

Elite Training

High Level Competition

Video Analysis

Invisible Training

Masterclasses

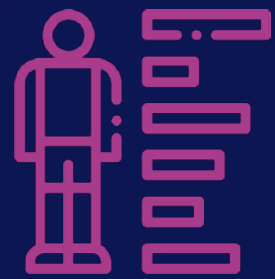
Football Reports





# FOOTBALL PROGRAM

## Video Analysis



Using innovative technology, this tool allows players to visually and understand their weaknesses and strengths. Giving a base to work on and improve on a daily basis, the videos are also used as a method to compare and demonstrate real level improvement.

## Masterclasses



Former players, coaches and sport professionals will offer our players an insight into the elite and high competitive sporting world.

## Sport Nutritionist



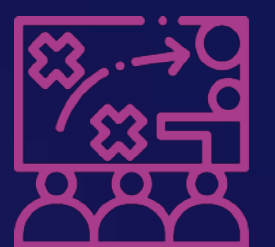
Guidance through which our athletes will receive nutritional counselling and education on the importance on how food and nutrition impacts health and performance.

## Football Reports



The purpose of our reports is evaluate all players' most relevant aspects such as; technical ability and skills, tactical awareness, physical aspects and character traits.

## Mental Coach



Regular monitoring, instruction and training of psychological skills for performance improvement.

# FOOTBALL PROGRAM



## Individualised Training

TECHNIQUE • POSITION • PHYSIQUE



## Team Training

TACTICS • VIDEO ANALYSIS • TEAM  
WORK





LaLiga

30

GAMES

4

GAMES



3

TOURNAMENTS



2

FOOTBALL TOURS



# KSA BARCELONA - STUDENT LIFE

Kaptiva Sports Academy believes balance between education and athletics is essential for young players. The AESA Prep International program allows this balance to occur through their flexibility in adjusting, not compromising. **The American curriculum is the most suitable for athletes** since it's based on credits, therefore students can plan the semesters ahead based on their sport requirements. Created alongside the EISB teaching staff, which are a qualified team of educators, the AESA Prep International program is a perfect arrangement that has been tailor-made for our players.

**Main subjects:** English, Spanish, Mathematics, Science, Social Studies, Chemistry,, History, Arts, and foreign languages.

European International School of Barcelona will request academic grades of the past 3 years and a letter of recommendation from the player's current

## Special request courses\* (not included)

- Scholastic achievement test.
- Test of english as a foreign language
- IELTS (International, English, Language, Testing System)
- ESOL ( English for speakers of other languages)

A photograph of two students in a classroom. In the foreground, a young man with dark hair is looking down at a book, wearing a red zip-up jacket with a white Nike swoosh and a 'KS BARCELONA' crest. In the background, another student with glasses is sitting at a desk, also wearing a red shirt with a 'KS' crest, and holding a pen over a notebook. A corkboard with a 'UNIVERSITY OF NEBRASKA HIGH SCHOOL' pennant and various papers is visible behind them.

# AMERICAN CURRICULU M

Year 12 – High School  
Year 11 – High School  
Year 10 – High School  
Year 9 – Middle  
School

# BARCELONA - RESIDENTIAL ACCOMMODATION

Built exclusive for our academy, the student residence is the coexisting home of all our KSA Players. The residence is located in a safe environment to further develop players' journeys.

The resident amenities include:

- Double Room
- Towels and Sheets
- 24/7 Security Staff
- In-Suite Bathroom
- WIFI
- Laundry Services



European International School of Barcelona



# SUCCESS STORIES



## Boris Chilingaryan

### NATIONAL TEAM

Boris joined Kaptiva Sports Academy during the 2017-2018 season from Armenia. During the annual program, he was called up for Armenia's U18 national team.



## Santi Fuentes

### PROFESSIONAL TEAM

Hailing from Mexico, Santiago joined Kaptiva Sports Academy during the 2017-2018 season. After 4 months of hard work, a local top Spanish club recruited him for their U16 team. Santiago has since moved to Argentina after being signed to the youth ranks of River Plate.



## Corey Lundeen

### UNIVERSITY SCHOLARSHIP

The midfielder came to KSA during the season 2016-2017 season from California, USA to further develop his football base. Using our college placement program offered at KSA, Corey was granted an athletics scholarship for Point Saint Loma Nazarene Univ. in San Diego, California



## José Masllorens

### PROFESSIONAL TEAM

Jose arrived at Kaptiva Sports Academy Barcelona during the 2015-2016 season from his home country of Colombia. Throughout the season KSA helped Jose develop his football base and shape him mentally and physically. The great efforts lead to being signed for the U16 team of first division Spanish team, Girona FC.

# SUCCESS STORIES

**Omar Hassan**

SPANISH CLUB



**Kwinda Netshitangani**

UNIVERSITY SCHOLARSHIP



Both players, from South Africa and Saudi Arabia respectively, played in Kaptiva Sports Academy for 3 seasons starting in 2015. The players developed as young adults and athletes through their years at the academy. During their second season both boys were recruited for a local Spanish club playing in Spain's 3rd division and continued to do so in their final year.

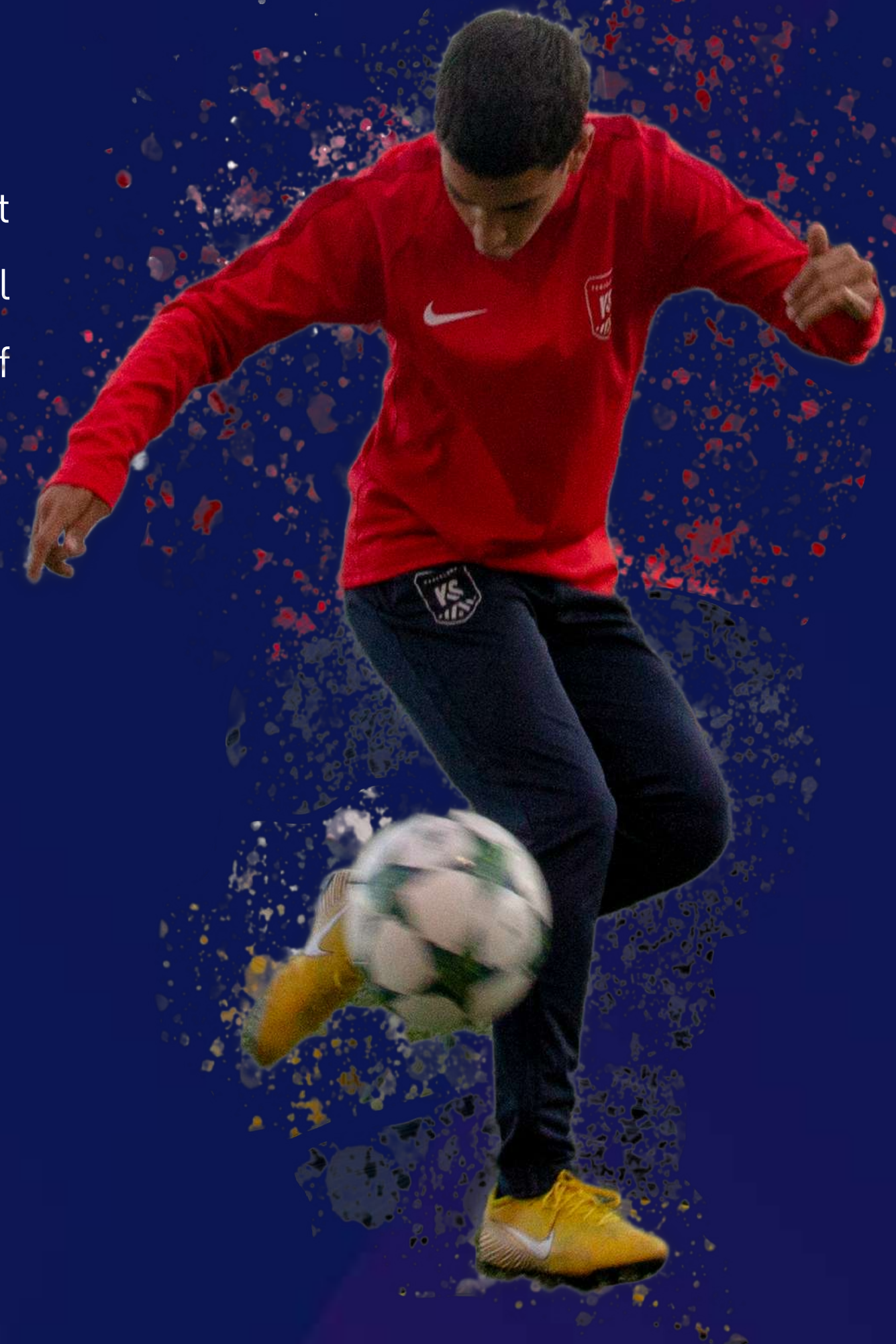
# SPAIN EXPERIENCE

Some players dream about playing in the perfect place, and some live it. Barcelona & Madrid have for years used their perfect locations and weather to not only allow players to train yearlong but be part of the center of the football world within Europe.

A football environment without limits leads to uniting players from all different nationalities with their common passion to live and breathe football. With players from all over the world and its own rich football history, the Spanish places have become some of the world's major football hub cities.

Teams, brands, and organizations have used these cities as their backdrop, giving local players a wide range of opportunities not found in many other places in the world.

With exclusive events, the world's top youth tournaments and its prestigious high-level competitions, Spain has proven time after time to produce top world class footballers competing in the renowned La Liga and UEFA Champions League. Barcelona & Madrid have and will remain the places to be for aspiring footballers.







# ADMISSIONS

## A) CONTACT

We enroll a limited number of athletes every season, so we encourage interested student-athletes to submit an application as early as possible. Please, set a call back request and we will contact you as soon as possible to start the process.

## B) TRIAL

All candidates must participate in a trial or one-week program by Kaptiva Sports Academy. During this time, the technical staff will be analysing the player's technical level during the organised training sessions and matches. Attitude, commitment, and passion for the game are also considered important components of prospective Kaptiva Sports Academy players.

## C) ENROLLMENT

Notification of admission decision will be communicated with the candidate within the next 48 hours after the trial is computed. If offered admission to Kaptiva Sports Academy, a Services Agreement (SA) will be sent and must be filled out by the date indicated, together with the required financial deposit.



# FEES

## 10 MONTHS FOOTBALL PROGRAM

SEPTEMBER – JUNE

14-17 years old

FULL SEASON  
EDUACTION  
ACCOMMODATION

41.995€

## 6 MONTHS FOOTBALL PROGRAM

JANUARY – JUNE

14-17 years old

HALF SEASON  
EDUACTION  
ACCOMMODATION

29.995€

## 1 WEEK FOOTBALL TRIAL

SEPTEMBER – JUNE

14-17

FOOTBALL TRIAL  
SCHOOL TEST  
ACCOMMODATION

995€

### Sibling Discount:

KSA offers a 5% discount for the second sibling registered. Both siblings must be activated participants in KSA program in order to apply for the discount (application form and terms available under request) .

WHAT'S INCLUDED	ACADEMIC FULL SEASON	6 MONTHS	ONE WEEK
FOOTBALL PROGRAM			
Three to four club training days per week	X	X	X
Position focused training sessions	X	X	X
Full season competition games	X	X	
One on one follow up sessions	X	X	X
Player progress reports	X	X	X
Weekly video analysis sessions	X	X	X
Stress and medical test upon arrival	X	X	
Pre-season training program	X	X	
Physiotherapist sessions	X	X	X
Weekly sports psychologist sessions	X	X	
Sport nutrition guidance	X	X	
Masterclasses	X	X	
Participation in reputed tournaments	X	X	
National Training Clinic with pro team within Spain	X	X	
International Training Clinic with a pro team within Europe	X	X	
Full training kit	X	X	
Full clothing equipment kit	X	X	
ACADEMICS			
Tuition to AESA Prep high school program at International School	X	X	
RESIDENCE			
Accommodation in ensuite double room in modern living residence	X	X	X
All meals and snacks	X	X	X
Room cleaning service	X	X	X
Laundry Services	X	X	X
Cultural Activities	X	X	
All transportation to KSA league games an tournaments or activities	X	X	X
Welcome Pack	X	X	X
24/7 supervision	X	X	X
Full medical insurance	X	X	X
Visa application assistance	X	X	X
Airport transfers on program specified dates	X	X	X





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