



PEDAGOGICAL RESOURCES



For all that people, students, parents, business owners, workers, or anyone that has the need to feel him/herself productive and active during the situation of these days, here it goes some pedagogical resources to optimize the staying at home. Things that can be done just by yourself, or with your work, or with your kids, etc.



Use these days to play pedagogical games or even design them. Fix the goal to work with that game and let your imagination go. Words games, letters, one person starts a story and the other person has to finish it, mimic, design material for the house, draw with music (choose the colours and then of the draw depending on the music that is sounding).

Pedagogical games

Examples:

Educational games: Colouring + creat stories + creat menus + to do timetables together + to play mime games + role play + play music + maths + board games (design them and creat the rules).



Write a diary about these days, how are you feeling, how is being the experience at home, which things are you doing (you can make pictures and print them to stick it on it too). It can also be a family diary, so each member of the family is writing a piece every day.

Diary

Examples:

Write a fun diary.

Write a family diary.



Fix every day individual and collective goals, fix challenges of time, quality, quantity. They can be for your own benefit or for a collective benefit, they can be material or not.

Goals and challenges

Examples:

Aims war: Every player sets 2 or 3 aims/objectives and the first one to achieve them, wins.

No cheating, personal or team goals, originals and reals.

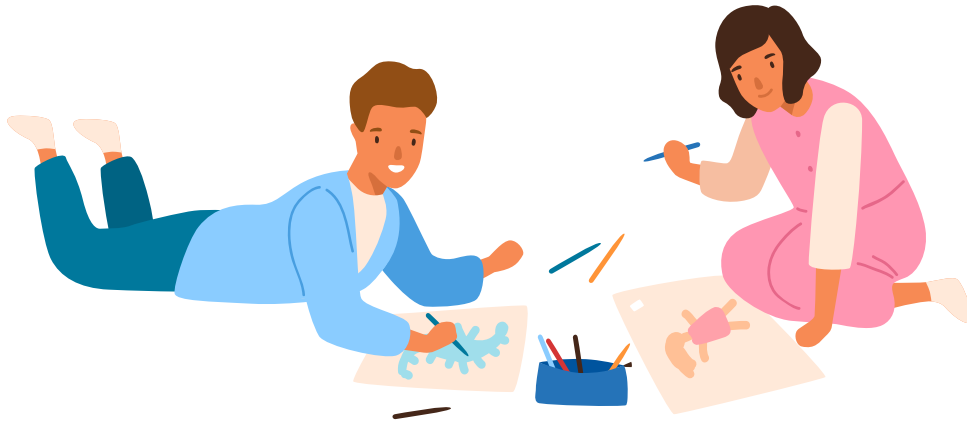


Use these days to make deals with the little ones of the family. Involve them in the things of the house. Teach them domestic tasks to create empathy, consciousness and knowledge. Deal with them some activities that they can do and create a positive support when they do it.

Deals

Examples:

It's a good time to work with the young ones at home or with your partner. Share some duties between you, you will all win if you can do them all.



Use these days to revise that school tasks that are more difficult. Share moments of parents/children to do these tasks easier to achieve. Fix an initial level and value the evolution.

Revise tasks

Examples:

Can we play to do home work? Take advantage of the situation to work on academic skills that you find most difficult.

Can you deal with paint? With some instrument? Kitchen? New language? Can you learn sign language?



You can do theatre representations. Work on the scenery (with materials that you have at home), work on the story and the message that you want to transmit with it.

Representations

Examples:

Family theatre. One start a play and the others follow. Work on you improvisation skills, you will have a good laugh, for sure.



Any activity that create a tie between all the people at home.

**Table games,
puzzles, paintings**

Examples:

Board games, jigsaw, paint: any activity where you have to work together.



Cooking is one activity that the little ones like a lot and can give them a creativity space (use these moments together to do things that you normally don't have time to do with them). Teach them how to cook cakes, cookies, let them choose the figure or the condiments.

Cook together

Examples:

How can make the best recipe? Most original, healthy and yummy!!



Fix little rewards so every day there's a bit of an extra motivation, it doesn't have to be extraordinary things, it can just be to watch a movie that you really like, to make pizza, or even something more personal, like to take a relaxing bath (a reward for yourself).

Daily rewards

Examples:

For arts and crafts, create a new prize for the best one.



Keep as much as possible a routine, starting with the hour to wake up, till the personal hygiene, eating schedules, to dress like you when we go to school or to work, to make every day a bit of physical exercise (30 minutes for example), etc. This will make us normalize a bit this situation and to don't have the impression of just being closed home without nothing to do.

Routines

Examples:

Keep routine and habits, will help you to keep active. Make your day as normal as possible (don't stay all day on your PJ).



Psycho-pedagogical
support

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We will try to answer any questions and / or comments in this regard