KAPTIVA SPORTS ACADEMY

2027 | 2028



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KAPTIVASPORTSACADEMY.COM

KAPTIVA SPORTS
ACADEMY

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WHAT IS KS ACADEMY?

Kaptiva Sports Academy is a high-performance residential football academy located in Barcelona, Spain, that has been developing players since 2012.

The academy's main goal is to offer a top inclusive program to talented players from all over the world, helping them reach their full potential through a fully integrated football program.



AGES:
FROM 12
TO 17 Y/O

We believe that training, studying, and living abroad significantly shapes young men into better players and individuals, with lasting positive benefits.


BARCELONA
KS
WINNERS DON'T WAIT FOR CHANCES,
THEY TAKE THEM.

FAST
METHODOLOGY

FOOTBALL ACADEMY SYSTEM TRAINING

The F.A.S.T methodology has been developed over the years through Kaptiva Sports' successful industry experience within international youth football. It provides a 360° full immersion that creates accelerated thriving results.

The team oversees the technical planning of ever drill implemented on the field. Throughout the season, the methodology is divided into various customized long-term plans composed of specific practices to reach certain objectives within the chosen game model.




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WHERE FOOTBALL
FEELS LIKE HOME.

THE ACADEMY
STAFF & COACHES

FOOTBALL PROGRAM

Head Coach
Coaches
Goalkeeper Coach
S&C Coach
Physiotherapist

INVISIBLE TRAINING

Video-Analyst
Mental Coaches
Sport Nutritionist

PERSONAL DEVELOPMENT

P.D. Director
Residence Coordinator
Day, Night, and Weekend Monitors



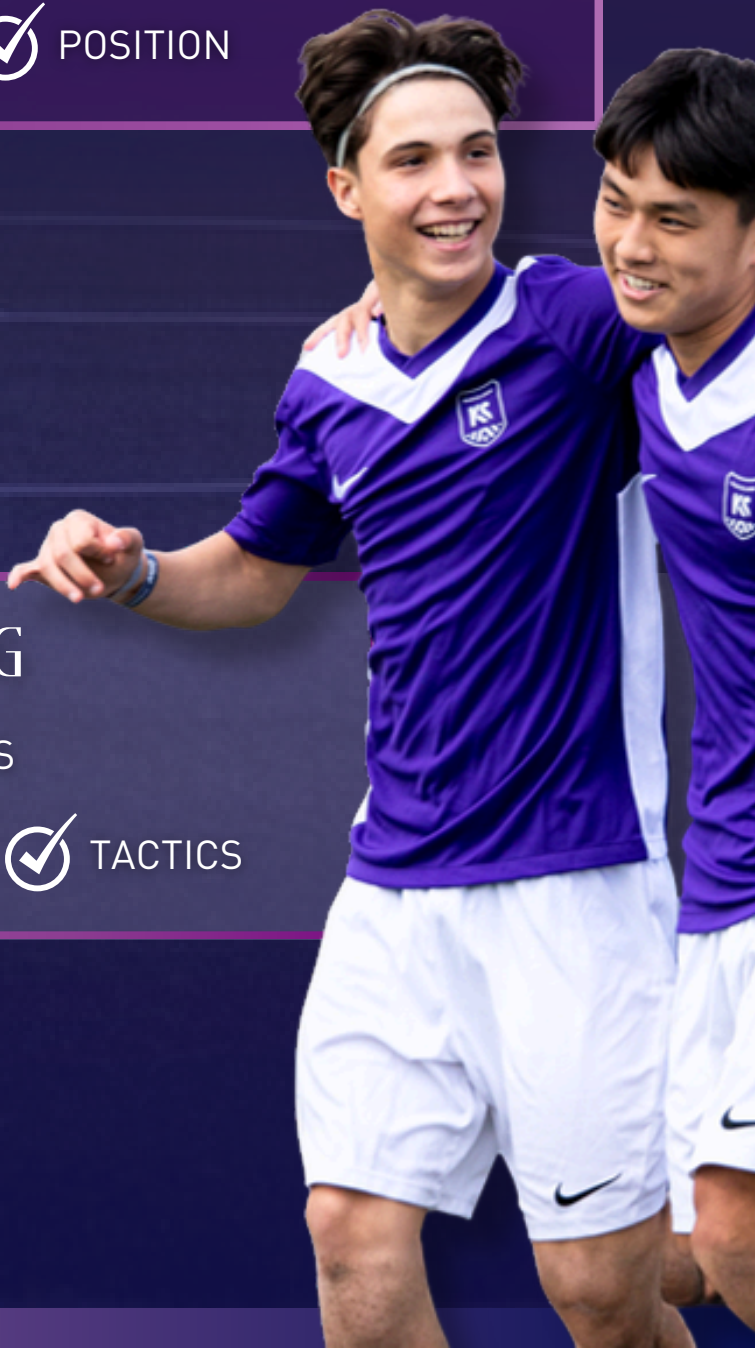
FOOTBALL PROGRAM

HIGH-PERFORMANCE TRAINING



INDIVIDUALIZED TRAINING

- TECHNIQUE
- PHYSIQUE
- POSITION



TEAM TRAINING

- VIDEO ANALYSIS
- TEAMWORK
- TACTICS

VIDEO ANALYSIS WITH veo

Using innovative technology, this tool allows players to understand their weaknesses and strengths visually. Giving a base to work on and improve daily, the videos are also used as a method to compare and demonstrate real level improvement.

MASTERCLASSES

Former players, coaches, and sport professionals will offer our players an insight into the elite and high competitive sporting world.

FOOTBALL REPORTS

The purpose of our reports is to evaluate all players' most relevant aspects such as; technical ability and skills, tactical awareness, physical aspects, and character traits.

INVISIBLE TRAINING

SPORT NUTRITIONIST: Guidance through which our athletes will receive nutritional counseling and education on the importance on how food and nutrition impacts health, and performance.

MENTAL COACH: Regular monitoring, instruction, and training of psychological skills for performance improvement.

360 PLAYER APP

This app lets us measure and improve athletic performance through personalized data tracking, plan training sessions and match schedules, share videos and tactical analyses, and stay connected with players, coaches, and parents through built-in chats and communication groups.

FOOTBALL SCHEDULE

	MORNING	AFTERNOON
MONDAY	KSA TRAINING SESSIONS	VIDEO ANALYSIS
TUESDAY	KSA TRAINING SESSIONS	CLUB TRAINING SESSIONS
WEDNESDAY	KSA TRAINING SESSIONS	MENTAL COACHING
THURSDAY	RECOVERY SESSION	CLUB TRAINING SESSIONS
FRIDAY	KSA TRAINING SESSIONS	CLUB TRAINING SESSIONS
WEEKEND	GAMES & COMPETITION	
EXTRA SOCCER ACTIVITIES	NATIONAL CLINIC, INTERNATIONAL CLINIC, TOURNAMENTS, ETC.	

INVOLVING THE COMPETITION

30
GAMES

2
GAMES



3
TOURNAMENTS

1
FOOTBALL TOURS

PRO

GAMES PLAYED




un equip
cinch
Gosbi

LIFE AS A STUDENT

European International School of Barcelona

EIS Barcelona and AESA Prep International offer a blended learning approach to education that combines online educational materials and opportunities for interaction online with traditional place-based classroom methods. In the E-Blended learning program, students will use the AESA PREP online course and attend classes in EISBarcelona facilities.

Blended learning program, students will attend class in EIS Barcelona facilities for 6 hours per day, Monday through Friday.

This compacted schedule gives student athletes the time they need for daily training. We also understand that students will need to miss class for tournaments and competitions, and this program adapts to these needs.

AESA Prep International is a SACS/AdvancedEd accredited and NCAA approved private college preparatory school offering online and blended learning programs for 8th through 12th grade.

AESA provides elite scholars, athletes and artists a world-class academic education with the flexibility required to pursue their passion.

AMERICAN CURRICULUM

MIDDLE SCHOOL	HIGH SCHOOL			
YEAR 8	YEAR 9	YEAR 10	YEAR 11	YEAR 12















KSA RESIDENCE

ACCOMMODATION

Built exclusively for our academy, the student residence is the coexisting home of all our KSA Players. The residence is located in a safe environment to develop players' journeys further.

WHAT'S INCLUDED

- Double room
- Towels and sheets
- Wifi
- In suite bathrooms
- Laundry services
- Chill out areas
- 24/7 security staff
- All Meals












WHERE
FOOTBALL
TEAMWORK | GROWTH




European International School of Barcelona
Student Residence




OFFICE







TENTATIVE WEEKLY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
KSA Training **7:45H**	KSA Training **7:45H**	KSA Training **7:45H**	Recovery Session	KSA Training **7:45H**	**BREAKFAST 10 H**	
BREAKFAST 9:30 H						
School **9:45H - 14H**					Games & Competition	Games & Competition
LUNCH 14 H						
School **14:50H - 16H**					Games & Competition	Weekend Activity
Physical Test **16H - 18H**	Physio **16H**	Mental Coaching **16H - 18H**	Video Analysis **16H - 18H**	Physio **16H**		
Club Training **18:15H - 20:00H**	Free Time	Club Training **18:15H - 20:00H**	Free Time	Club Training **18:15H - 20:00H**		
DINNER 20 H						
GOOD NIGHT 22 H						

* Schedule for guidance only.
** Subjected to changes that would be notified.




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EXPERIENCING SPAIN

Some players dream about playing in the perfect place, and some live it. Barcelona has for years used their perfect locations and weather to not only allow players to train yearlong but be part of the center of the football world within Europe.

A football environment without limits leads to uniting players from all different nationalities with their common passion to live and breathe football. With players from all over the world and its own rich football history, the Spanish places have become some of the world's major football hub cities.

Teams, brands, and organizations have used these cities as their backdrop, giving local players a wide range of opportunities not found in many other places in the world.

With exclusive events, the world's top youth tournaments and its prestigious high-level competitions, Spain has proven time after time to produce top world class footballers competing in the renowned La Liga and UEFA Champions League. Barcelona has and will remain the places to be for aspiring footballers.











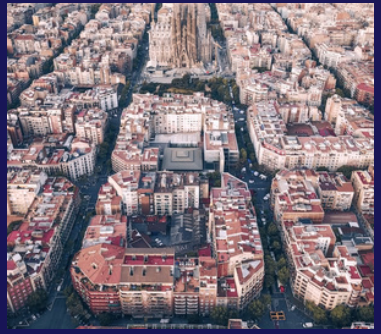












BARCELONA
FOOTBALL
HUB CITY.

THE ADMISSION PROCESS

STEP ONE

1. Contact

We enroll a limited number of athletes every season, so we encourage interested student-athletes to submit an application as early as possible. Please, set a callback request and we will contact you as soon as possible to start the process.

STEP TWO

2. Be selected

All candidates must participate in a short program. During this time, the technical staff will be analysing the player's technical level during the organised training sessions and matches. Attitude, commitment, and passion for the game are also considered important components of prospective Kaptiva Sports Academy players.

STEP THREE

3. Enrollment

Notification of admission decision will be communicated with the candidate within the next 48 hours after the trial is computed. If offered admission to Kaptiva Sports Academy, a Services Agreement (SA) will be sent and must be filled out by the date indicated, together with the required financial deposit.



HOW TO BECOME A KSA PLAYER

OUR SHORT PROGRAMS

Kaptiva Sports Academy Short Programs are immersive 1–4 week experiences designed for prospective players to discover what life at Kaptiva Sports Academy is all about.

Throughout their stay, players train alongside our academy, participate in daily activities, and experience the KSA methodology in a high-performance environment.

Every training session and overall performance is continuously evaluated by our KSA coaching staff, providing players with valuable feedback while allowing our coaches to assess their potential.



APPLICATION DOCUMENTS

- Academic teacher recommendation letter.
- Last school grades.
- Football coach recommendation letter.
- Football CV

KSA FULL PROGRAM

PLAYER RATE

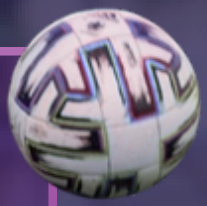
54.995€

SEPTEMBER – JUNE

12-17 YEARS OLD

- Football Program
- Education
- Personal Development
- Accommodation



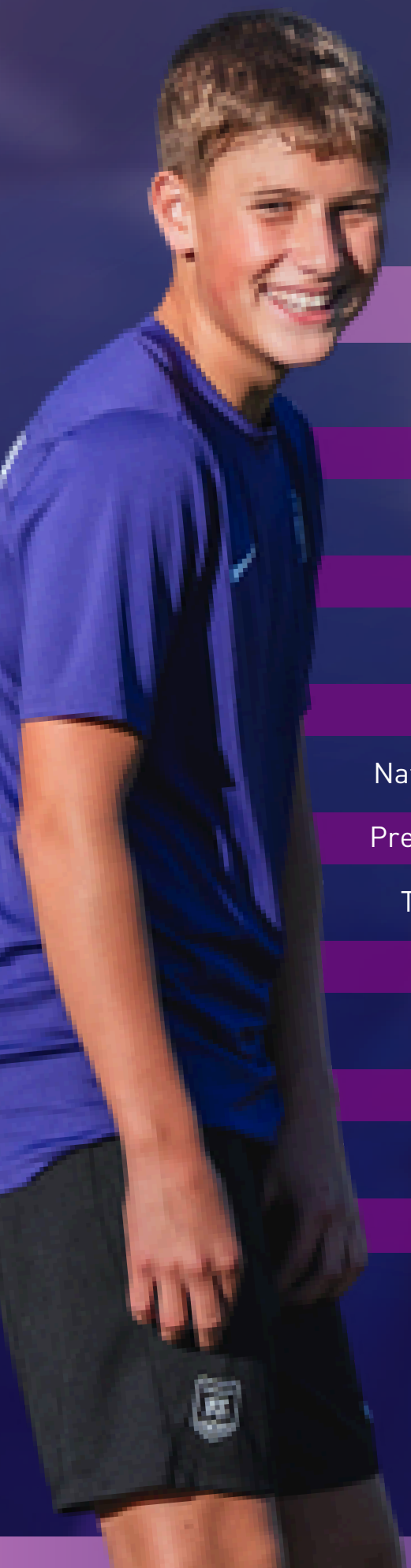


AVAILABLE DISCOUNTS

- Returning players
- Paying full
- Siblings

Interested in our discounts? Get in touch with us for more details.


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WHAT'S INCLUDED

FOOTBALL PROGRAM

- Kaptiva Sports Academy Training Sessions ☑
- Three Club Training Sessions ☑
- Specific Advice per Position Training Sessions ☑
- Football Supervision One-On-One ☑
- Official Competition Games ☑
- Participation in Reputed Tournaments ☑
- National & International Clinic w/ European Pro Team ☑
- Pre-Match Session: Tactical Preparation for the Game ☑
- Team VideoAnalysis: Individual, Group & Pro Teams ☑
- Player Progress Reports ☑
- Kaptiva Sports Academy Official Diploma ☑
- Conditional Training: Individual or Group Exercises ☑
- Weight & Height Check ☑
- Physical Tests: Bilateral CMJ & One-Leg CMJ ☑
- Stress & Medical Tests Upon Arrival ☑



WHAT'S INCLUDED

FOOTBALL PROGRAM

- Recovery Session: Stretching Exercises
- Physiotherapy: Prevention, Treatment, & Rehabilitation Individual Sessions
- Injury Prevention: Mobility & Strength Improvement Group Sessions
- Mental Coaching Sessions
- Nutritionist Sessions: Guidelines for Healthy Eating Habits
- Extra Activity: Weekly Outside-Academy Activity
- Workshop: Monthly Activities Focused on Personal Growth
- E-Games: Monthly E-Games Tournament
- Masterclasses

WHAT'S INCLUDED

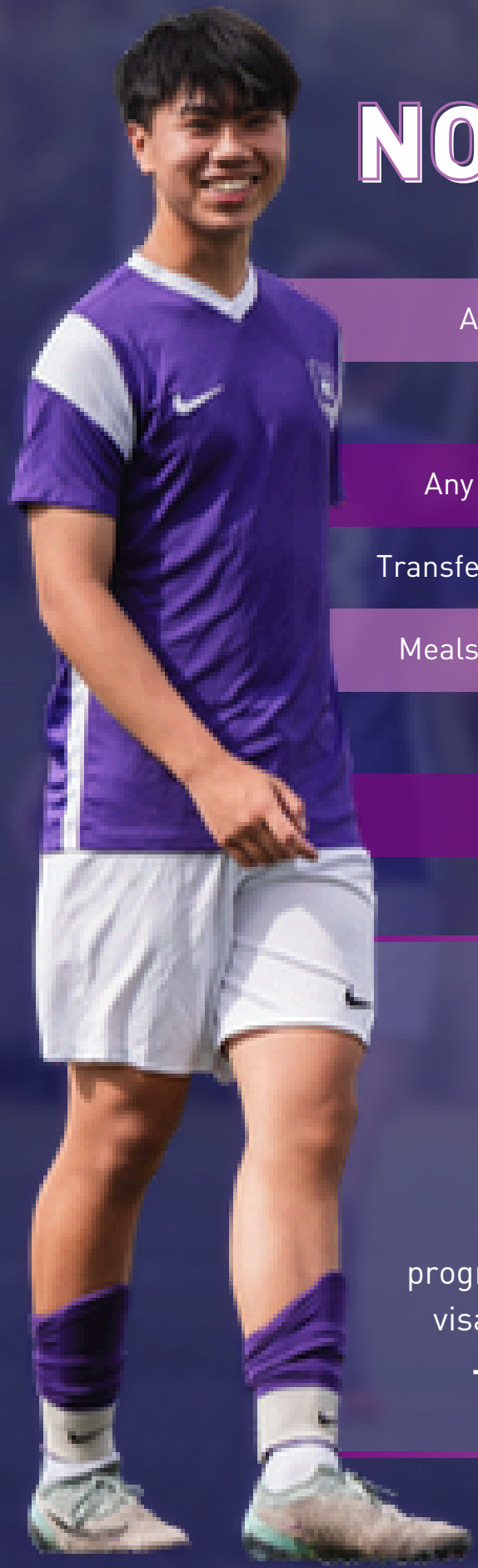
RESIDENCE (only residential program)

- ☑ Accommodation in ensuite double room in our residence
- ☑ All meals and snacks
- ☑ Tutor Meetings: Monthly Program Supervision
- ☑ Room cleaning service
- ☑ Laundry Services
- ☑ Airport transfers on program specified dates
- ☑ Welcome Pack
- ☑ All transfers to KSA games, tournaments, & activities
- ☑ 24/7 supervision
- ☑ Supporting Documents Required for Student Visa
- ☑ Full medical insurance
- ☑ Cultural Activities

ACADEMICS

- ☑ Tuition to AESA Prep International





WHAT'S NOT INCLUDED

- Airfare tickets to/from the origin country
- Visa fee and taxes (if necessary)
- Any legal service fees once arrived in Spain
- Transfers to/from non KSA organized activities
- Meals outside the KSA residence dinning hall
- School extra activities or excursions
- Dorm room security deposit

STUDENT VISA

KAPTIVA SPORTS IS NOT RESPONSIBLE FOR THE APPROVAL OR DENIAL OF THE VISA.

If you arrive at the start of the program without having obtained a student visa, our lawyer can handle this process.

This service incurs an additional cost.



CONTACT

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OFFICES

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