KAPTIVA SPORTS ACADEMY

SHORT PROGRAMS



YOUR CHANCE TO **TRAIN** IN **SPAIN**.

SANT CUGAT

KAPTIVASPORTSACADEMY.COM

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WHAT IS KS ACADEMY?

Kaptiva Sports Academy is a high-performance residential football academy located in Barcelona, Spain, that has been developing players since 2012.

The academy's main goal is to offer a top inclusive program to talented players from all over the world, helping them reach their full potential through a fully integrated football program.



AGES:
FROM 12
TO 17 Y/O

We believe that training, studying, and living abroad significantly shapes young men into better players and individuals, with lasting positive benefits.

WHAT ARE THE KSA
SHORT PROGRAMS

Kaptiva Sports Academy Short Programs are immersive 1–4 week experiences designed for prospective players to discover firsthand what life at Kaptiva Sports Academy is all about.

Throughout their stay, players train alongside our academy, participate in daily activities, and experience the KSA methodology in a high-performance environment. Every training session, activity, and overall performance is continuously observed and evaluated by our KSA coaching staff, providing players with valuable feedback while allowing our coaches to assess their potential.





OUR SHORT PROGRAMS

1 WEEK

2 WEEKS



3 WEEKS

4 WEEKS

EVALUATION
FOR:



BE SELECTED FOR **KS ACADEMY**
2010-2011-2012-2013

Kaptiva Sports Academy is a high-performance residential football academy located in Barcelona, Spain, that has been developing players since 2012.

A top inclusive program for talented players from all over the world, to help them reach their full potential through a fully integrated football program.



BE SELECTED FOR **KS GLOBAL STAGE**
2013-2014-2015-2016

GLOBAL STAGE

Represent Kaptiva Sports Academy Global Stage during the 26/27 season of football tournaments!

Selected players are invited to compete in top-level tournaments across Europe and the United States alongside professional teams.


BARCELONA
KS
WHERE FOOTBALL
FEELS LIKE HOME.

1 WEEK TENTATIVE
SCHEDULE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING	ARRIVAL	KSA TRAINING	KSA TRAINING	KSA TRAINING	REST	KSA TRAINING	DEPARTURES (+ EXTRA NIGHT)
		BREAKFAST					
		STRENGTH TEST & WEIGH CHECK	FOOTBALL PRESENTATION	NUTRITION SESSION	AMERICAN SHCOOL TOUR	FOOTBALL FEEDBACK	
		SANT CUGAT TOUR	STUDY HALL	STUDY HALL	STUDY HALL	MENTAL COACH RESUME	
	LUNCH						
AFTER NOON	ARRIVAL	PHYSIO	VIDEO ANALYSIS	VIDEO ANALYSIS	PHYSIO	DEPARTURES	
		MENTAL COACH INTERVIEW	SPANISH CLUB TRAINING	KSA WORKOUT	SPANISH CLUB TRAINING		
EVENING	DINNER						
NIGHT	SLEEP						

***This schedule is tentative.**
Our Head Coach will send you the personalized final version.



ACTIVITIES INCLUDED



KSA TRAINING SESSIONS
FAST METHODOLOGY

CLUB TRAINING SESSIONS
BY OUR PARTNERS CLUBS





VIDEO ANALYSIS

MENTAL COACH SESSIONS





STUDY HALL

ASSESMENT REPORT



KSA RESIDENCE
ACCOMMODATION

Built exclusively for our academy, the student residence is the coexisting home of all our KSA Players. The residence is located in a safe environment to develop players' journeys further.

WHAT'S INCLUDED

- Double room
- Towels and sheets
- Wifi
- In suite bathrooms
- Laundry services
- Chill out areas
- 24/7 security staff
- All Meals












WHERE
FOOTBALL
TEAMWORK | GROWTH |




European International School of Barcelona
Student Residence




OFFICE




STAIRS
ELEVATOR



PACKAGE PRICES

1 WEEK

1.695€

OCTOBER – JUNE

11-17 YEARS OLD

- Football Program
- Study Hall
- Personal Development
- Accommodation

2 WEEKS

2.995€

OCTOBER – JUNE

11-17 YEARS OLD

- Football Program
- Study Hall
- Personal Development
- Accommodation

3 WEEKS

3.995€

OCTOBER – JUNE

11-17 YEARS OLD

- Football Program
- Study Hall
- Personal Development
- Accommodation

4 WEEKS

4.495€

OCTOBER – JUNE

11-17 YEARS OLD

- Football Program
- Study Hall
- Personal Development
- Accommodation

EXTRA SERVICES:

- Airport Transfers
- Additional Night
- Spanish Lessons
- La Liga live game tickets

PACKAGE INCLUDES

FOOTBALL PROGRAM

- TRAINING SESSIONS *(KSA METHODOLOGY)* ☑
- CLUB TRAINING SESSIONS ☑
- STRENGTH AND CONDITIONING SESSIONS ☑
- VIDEO ANALYSIS ☑
- MENTAL COACHING SESSIONS ☑
- FOOTBALL ASSESSMENT REPORT AND FEEDBACK ☑
- KSA UNIFORMS *SHIRT, SHORTS, SOCKS)* ☑

ACCOMMODATION

- ENSUITE DOUBLE BEDROOM ☑
- ALL MEALS ☑
- LAUNDRY SERVICES ☑

ACTIVITIES

- WEEKEND ACTIVITIES ☑
- KSA + SCHOOL TOURS ☑
- STUDY HALL HOURS ☑

TRANSFERS

- TRANSFERS TO ALL SCHEDULED ACTIVITIES ☑

OTHERS

- FULL-TIME MEDICAL INSURANCE ☑
- KS REPRESENTATIVE ☑
- WELCOME PACK ☑
- MINERAL WATER FOR ALL TRAINING SESSIONS ☑

PACKAGE DOES NOT INCLUDE



- Airfare tickets from and to the origin country ✕
- Meals outside the Residence dinning hall ✕
- Visa fee and taxes (if necessary) ✕
- Personal shopping ✕
- Airport transfers ✕



CONTACT

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